## **P& I Division Program Updates**

November 1, 2010 MHSA Steering Committee Meeting

**PEI Regulations:** DMH released the proposed PEI regulations on Oct. 7 and is accepting public comment for a 45 day period ending on Nov. 23.

## **Statewide Projects:**

- CalMHSA released the Implementation Work Plan that addresses Suicide Prevention, Stigma and Discrimination Reduction, and the Student Mental Health Initiative for a 30 day public comment period on 10/7/10. They are asking for the feedback by 11/6/10. The final implementation plan will be presented to the CalMHSA Board on 11/12. Once the Plan is approved, RFPs will be released that contain more detailed scopes of work and budget information. No hard timelines for implementation were provided. For more information: <a href="https://www.calmhsa.org">www.calmhsa.org</a>.
- Community Forum: The community forums will serve as venues for community engagement and information exchange on prevention and to provide linkage to services, resources on health and wellness. Preliminary planning took place on September 16<sup>th</sup>, 2010, and the first planning committee for four community forums to take place in 2011 will meet on November 3<sup>rd</sup>, 2010.

## CONTRACTED PROGRMS/RFP UPDATES

- "Dress Warm" Play: scheduling a new round of performances at middle and high schools and other community sites.
- Positive Behavioral Interventions and Violence Prevention OCDE began providing PBIS & VPE services in March; while UCI Children Development Center began providing PBIS services also in March. 61 school teams are receiving PBIS training and implementing the PBIS programs in their schools. A successful Day-1 team training was held in September with over 500 participants. Participants shared the following: "Having a positive, pro-active approach to social behaviors was a definite benefit for the day."; "Being able to collaborate with other staff and having team time for planning was beneficial"; "I now have a positive outlook for the year and the future of my kids." All VPE programs have provided several training events in schools and the community, such as gang intervention education, Safe School Plan, Police Initiated Lockdown and Bullying/Cyber Safety, Child Abduction Prevention Education, Teen Dating Violence, and Hate Crimes Prevention Education.
- Crisis Prevention Hotline and Warmline Network Services: Both programs are up and running with community increased calls being answered. Hotline data shows positive responses to callers seeking help. They have answered over 780 calls (65% for suicide/crisis calls and 35% informational requests). The Warmline data and responses from the callers have been very positive with assistance for resource answers and just being there to talk over issues. The Warmline has answered 228 calls. 99% were non-crisis informational but the most important is the 1% crisis calls that were successfully transferred to the Hotline for immediate response.
- **Survivor Support Program**: Didi Hirsch is the provider for the Survivor Support programs and they have been busy providing trainings on suicide prevention and survivor support trainings that are available to Orange County residents. In the first 2 months, they have held or provided trainings at 13 events and made contact with over 1,600 people to provide information on their services.
- Isolated Adult and Older Adult Socialization and Mental Health Consultant for Older Adult RFP: Panel is finalizing the evaluations and selection of provider/s with a planned program start date after the first of the year.
- **Promotora RFP**: Panel is finalizing the evaluations and selection of provider/s with a planned program start date after the first of the year.
- Outreach and Engagement RFP: In process of completing evaluations and selection of provider/s with a planned program start date after the first of the year.

- **Triple P (PPP) Positive Parenting Program** The 3rd round of Triple P trainings is schedule for this month
- School Readiness RFP: released on Aug. 24 and will be closed on December 1
- Solicitation of Interest is scheduled for release during 2010 for one time training projects, which include:
  - o Stress Management for Caretakers and Service Providers
  - o Training and Technical Assistance on <sup>1st</sup> Onset Psychosis
  - o Child Development Training
- Training in Physical Fitness and Nutrition was rolled out in September (pilot): Training in Physical Fitness and Nutrition Program, Stress Management, and Smoking Cessation.
- Stigma Reduction Art Events Solicitation of Interest was released and closed on Nov. 5. It supports artistic events that can help educate the public about mental illness/stigma reduction.
- **Family to Family Support Program** is scheduled to start the first of the year. It provides ongoing support to families who may be in need of mental health services through a network of parent support groups.
- RFPs are released through BidSync; please use BidSync for these releases. BidSync is used to review and submit any questions regarding open RFPs.

## **COUNTY RUN PROGRAMS:**

- Children of Substance Abusers and/or Mentally Ill Parents (CSPP): Currently providing the CSPP series to residents at the Village of Hope and HIS House and clients of the Westminster FRC and Drug Court. An advanced parenting workshop for program alumni is being offered on November 19<sup>th</sup> and 23 families have signed up. The program is now able to accommodate referrals from individuals. Program is booked to capacity through the end of the year and three new series are scheduled to start in January. These include the Illumination Foundation, El Modena FRC and Collette's House in Huntington Beach. To date 418 participants enrolled (230 families served) since start date 8/09. The program curriculum will be shared with interested providers through a training of trainers program. Training will be provided by CSPP educators.
- **PEI Services for Parents and Siblings of Youth in the Juvenile Justice System (Stop the Cycle):** By the end of December, 6 interventions will have been completed at Central Youth Reporting Center (CYRC), North Reporting Center (NYRC) & Anaheim FRC; 115 individuals have participated (45 families) since start date 11/10/09. Strong collaborative relationship with probation; STC is working to increase collaboration with other community providers, such as FRC's. Booster Session for graduates of the Stop the Cycle Program will be provided on Nov. 6<sup>th</sup>, and we are expecting 40 attendees (parents and children). This Booster Session will be held in local faith-based site. Community-based support groups have developed based on the desire of the graduates to continue meeting. They are facilitated and coordinated solely by graduates or "promotoras."
- OC Post Partum Wellness Program (OCPPW): Since the beginning of the program in October 2010, 230 participants have been enrolled in services. A part-time psychiatrist has been added to the program as well as two bilingual Spanish-speaking clinicians to meet community need. A new psycho-educational and therapy group series will begin soon at a community site.
- School Readiness Program: Staff is being trained in levels 2, 3, and 4 of the Positive Parenting Program (Triple P). Homeless families, families at risk of homelessness and families living in transitional housing continue to be the priority populations. The team continues to participate in community events and is developing collaborative relationships with community providers. Additional wellness activities will be provided in the community by the end of the year.
- **First Onset (of Psychosis) Services**: The new program name is Orange County Center for Resiliency, Education and Wellness (OCCREW). The program's team is making presentations on psychosis as well as services to be provided. These presentations are being scheduled at high schools across the county. The Program will begin providing direct services after the new site is ready.
- Outreach and Engagement: Mental health preventative services are being provided in the community for homeless individuals, individual in transitional living or individuals at risk of homelessness. Mental health

- interventions focusing on coping with the impact of trauma have begun at three community sites including Laguna Beach Resource Center, Cactus Garden and Chapman House. Additional interventions and wellness activities will be implemented as these first group intervention series come to completion.
- Youth As Parents This program is celebrating a 1-year anniversary since being established within the P&I Division, and has served 82 participants since the start date on 11/6/09. Case management staff and supervisor have completed training on Levels 2, 3 and 4 of Triple P, and will begin to provide this evidence-based intervention to participants. New collaborations with Fristers and the Cal-Safe program at the Trident Educational Center in Anaheim are being established to conduct parent-education groups to the teen parents of these organizations, and the groups are planned to begin in early 2011.
- Assessment and Screening for Veterans: First graduation was on October 5 with 5 graduates. Non-Criminal Domestic Violence Court started in August. First client enrolled.
- Individual Veteran Connections: 2-3 new veterans' consultation per week. Have stronger relationships with OC BHS outreach staff; OASIS; CAT team staff; and VALB staff. Work closely with Veteran Service Office and other community resources to find solutions to veterans' issues.
- Peer to Peer Support Group for Vets (Drop Zone): Started second semester at Santa Ana City College. Over 400 veterans registered at college. Vet to Vet program moving to Thursday afternoons for this fall session.