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ALS Standing Orders:

Hypothermia:

Not in Cardiac Arrest:

- 1. Initiate warming as available; remove any wet clothing and cover to conserve body heat.
- 3. Cardiac monitor, document rhythm
- 3. Expect slow heart rate and weak pulse; do not attempt to reverse bradycardia in field.
- 4. Transport to nearest PRC.

Apparent Cardiac Arrest and Not Obviously Dead:

- 1. Monitor pulse for 30-45 seconds before initiating CPR.
 - ▶ If no pulse detected, treat using cardiac arrest SO (SO-C-10).
- 2. Assist ventilation with bag-valve-mask, avoid hyperventilation.
- 3. Initiate warming as available; remove any wet clothing and cover to conserve body heat.
- 4. ALS escort to nearest PRC, contact Base Hospital as needed.

Hyperthermia:

- 1. Pulse oximetry, if oxygen saturation less than 95%:
 - ► High flow oxygen by mask as tolerated.
- 2. If hypotensive or signs of poor perfusion and lungs clear to auscultation (no evidence CHF):
 - ► Establish IV access
 - ▶ infuse 250 mL Normal Saline bolus, may repeat up to maximum 1 liter to maintain adequate perfusion.
- 3. Cooling measures as available.
- 4. ALS escort to nearest PRC, contact Base Hospital as needed.

Guidelines:

• Do not rewarm suspected frostbite in the field.