



# TAY TIPS

TRANSITIONING TODAY'S YOUTH INTO ADULTHOOD

County of Orange Health Care Agency Behavioral Health Services, Funded by Proposition 63 / MHSA Funds



## TAY Transitional-Aged Youth

What does it mean and how can we help?

Transitional-aged youths (TAY), typically from 16-24 years of age, are beginning their *transition* into adulthood. Developmentally, the tasks of this age group are to work towards becoming a more independent adult. This task can be daunting, particularly when the transition is accompanied by a behavioral or emotional impairment.

Our goal is to provide clinicians with a variety of practical resources that may assist with increasing the success rate of transitioning our TAY clients into adulthood. Resources will include how to assist TAY with housing, schooling, job skills, and more. Additionally, community events and resources will be included.

The first issue of *TAY Tips* focuses on a variety of financial assistance programs that may be available to qualifying TAY clients, including SSI, Food Stamp benefits, and General Relief.

Look forward to monthly issues of *TAY Tips* for a variety of resources and topics relevant to this population and their successful transition into adulthood.

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# SSI

## Supplemental Security Income

[www.ssa.gov](http://www.ssa.gov)  
(800) 772-1213

### SSI Offices:

#### Anaheim

300 S. Harbor Blvd.  
Suite 310  
800-772-1213

#### Fountain Valley

17075 Newhope St.  
Suite B  
800-772-1213

#### Garden Grove

12912 Brookhurst  
Suite 130  
800-772-1213

#### Mission Viejo

26051 Acero Rd.  
800-772-1213

#### Santa Ana

1851 E. First St.  
Fifth Floor  
800-772-1213

### What is SSI?

Supplemental Security Income from the Social Security Administration.

### Who Qualifies?

**Child:** under 18 years, who has a medically determinable physical or mental impairment which:

-Results in marked and severe functional limitations

AND

-Lasted or can be expected to last for a continuous period of not less than 12 months OR can be expected to result in death

**Adult:** over 18 years, who has who has a medically determinable physical or mental impairment which:

- Results in the inability to do any substantial gainful activity

AND

-Lasted or can be expected to last for a continuous period of not less than 12 months OR can be expected to result in death

AND

-Limited income

-Limited resources (cash, property, life insurance, or anything that could be converted into cash for living)

-US Citizen or National

### How to Apply?

Online at [www.ssa.gov](http://www.ssa.gov), on the phone, or in person.





# FOOD STAMPS

[www.dss.chahwnet.gov/foodstamps](http://www.dss.chahwnet.gov/foodstamps)

## What are food stamps?

Food stamps are part of a nutritional program that helps eligible low-income people purchase the food they need for good health.

## Who qualifies?

Orange County residents with a social security number who meet income requirements.

Individuals receiving SSI or SSP benefits do not qualify.

## How to Apply?

1. Fill out and return application: in person, online, mail, or fax. Application can be downloaded online or you can call to have one mailed.
2. Attend an interview – in person, over the phone, or have someone go with you or in your place.
3. Show proof of identification, income, and expenses (pay stubs, rent receipts, utility bills, childcare bills, etc.)

## What to Bring?

- **Proof of identity (driver's license, etc.), alien status.**
- **Social Security Numbers for all household members.**
- **If employed, proof of income (wage stubs, earning statements, etc.) for the past 30 days.**
- **Bank statements for checking accounts, savings accounts, certificates of deposit, credit union accounts, retirement accounts, stocks, bonds, dividends, etc.**
- **Proof of shelter costs (rent or mortgage payment, lot rent, household, real estate, taxes, utility bills – heat, electricity, water/sewage/garbage, telephone, etc.)**

## Offices:

### **Aliso Viejo**

115 Columbia  
Aliso Viejo, CA 92656  
949-389-8200

### **Anaheim**

3320 E. La Palma Ave.  
Anaheim, CA 92806  
714-575-2400

### **Cypress**

6100 Chip Ave.  
Cypress, CA 90630  
714-503-2200

### **Garden Grove**

12912 Brookhurst St.  
Garden Grove, CA 92840  
714-741-7100

### **Laguna Hills**

23330 Moulton  
Parkway  
Laguna Hills, CA 92653  
949-206-4000

### **Santa Ana**

2020 W. Walnut St.  
Santa Ana, CA 92703  
714-834-8899  
and  
1928 S. Grand Ave.  
Santa Ana, CA 92705  
714-435-5800



# GENERAL RELIEF

[www.ssa.ocgov.com](http://www.ssa.ocgov.com)

2020 W. Walnut St.  
Santa Ana, CA 92703  
(714) 834-8899

## What is General Relief (GR)?

A cash assistance program providing temporary cash aid to indigent adults with no minor children.

## Who Qualifies?

Low-income adults. Application process must be in person at the office in Santa Ana. Call for an appointment (714) 834-8899.

## What to expect?

Time limit for benefits will be set following application process. If you are able to work you will be assigned to work with the GR Work Program, and you must comply with the requirements of the program (i.e. reporting to job sites, complete job skills training, accept job referrals, accept employment offers that are appropriate).

## What to Bring to Apply?

- Photo ID
- Social Security Card
- Verification of income  
(including all benefits such as SSI, unemployment, etc.)
- Verification of any property
- General Relief  
Work Application
- Alien Status
- Fingerprints will be taken

# TAY Resources

## Crisis and Temporary Shelter Resources

### Casa Youth Shelter

Temporary shelter for runaways and youth in crisis aged 12-17. Individual, group and family counseling offered.

[www.casayouthshelter.org](http://www.casayouthshelter.org)  
(800) 914-2272

### Community Service Programs

Temporary shelter for youths in crisis aged 13-17. Individual, group and family counseling offered.

[www.cspinc.org](http://www.cspinc.org)  
Huntington Beach  
(714) 842-6600

## Other Resources

### Orange County One-Stop

A one-stop center providing tutoring, counseling, mentoring, and job preparation assistance.

5405 Garden Grove Blvd.  
Westminster, CA 92683  
(714) 241-4900

and

125 Technology Way, Suite 200  
Irvine, CA 92618  
Telephone: (949) 341-8000

### STAY, Providence Community Services

Wraparound model providing housing, employment, and education support, and counseling services. Limited enrollment.

(714) 221-6400

### Mental Health Association

#### Orange County

\*Direct service, education, and advocacy services provided.

\*TAY mentoring program for young adults aged 16-25 years.

\*Clubhouse program, a consumer driven program to address social, recreational, and educational goals. Clubhouse Locations: Costa Mesa, Garden Grove, and Lake Forest.

(714) 547-7559  
[www.mhaoc.org](http://www.mhaoc.org)

For additional information about TAY resources or for referrals contact:

Jason Austin, M.F.T. (714) 796-0121 [JaAustin@OCHCA.com](mailto:JaAustin@OCHCA.com) OR Vera Grindell, M.A. (714) 896-7556 [VGrindell@OCHCA.com](mailto:VGrindell@OCHCA.com)