

**Frequently Asked Questions
CHILDREN'S SUPPORT and PARENTING PROGRAM (CSPP)**

What is CSPP?

CSPP is a prevention program for families who are residents of Orange County, are exposed to or recovering from mental health illness, substance use disorders, trauma, or other at-risk issues. The 11-week psycho-educational groups provide tools for effective parenting and assists the children in increasing protective factors like better coping skills.

How many weeks do I have to attend in order to “graduate”?

CSPP attendance is open and voluntary. Certificates of participation are given out to all attendees as verification of attendance as long as at least one session is attended. This program has not been court approved.

Can my kids attend?

Yes. This program is meant for all family members to attend.

Is this treatment or counseling?

No. CSPP is a prevention program that provides educational material to the participants in a group setting.

What is the cost to attend CSPP?

There is no cost for participating in the program as services are funded by the Mental Health Services Act (Proposition 63).

What kind of resources can I receive if I attend this program?

CSPP staff will provide information for accessing community resources to participants as needed. Resources for housing, utility assistance, food, and counseling are among the many resources that the staff can assist in providing.

Where are these classes being offered?

CSPP is conducted in various community locations, such as the Family Resource Centers (FRC) throughout Orange County.

When do the classes start?

CSPP knows that many people work and children attend school in the day. CSPP is conducted primarily in the evening hours.