



The arts and crafts booth was a huge hit with the younger children.

Relative caregivers enjoy day at zoo

On Saturday, April 26, approximately 300 relative caregivers, staff and volunteers spent the day visiting the over 80 species of animals, including the smallest monkeys in the world, during the Second Annual Relative Caregiver Picnic at the Santa Ana Zoo.

Orange County Children and Family Services once again teamed up with Olive Crest Kinship Support Services to organize the picnic. The families were treated to train and carousel rides, popcorn and snow cones, face painting, arts and crafts activities, soccer games, a taco lunch, door prizes, and entrance to the zoo.

Door prizes, activities and treats were provided through generous donations from charitable, community organizations, businesses and the faith community. This event is an example of how families can be supported through strong collaborations and partnerships.

Special thanks to...Olive Crest Kinship Support Program, CLA-VAL Manufacturing, Mondelez International (Nabisco), Mission Community Church, Ezra's Hands, Frank and Christi Fried, Rose Valenciano and Family, Bob Ruble, and Children and Family Services staff!



Mondelez International (Nabisco) volunteers take a break from handing out snackpacks.



For the second year, Mission Community Church sponsored the popcorn and snow cones.



Ramses is an intelligent and vibrant 10-year-old boy with a very charming personality. He does best with one-on-one interactions and engagement. He takes pride in grooming himself and dressing sharply. He likes to stay active and has previously been involved with karate and soccer.

Ramses needs an adoptive family who is patient, nurturing and able to set firm boundaries with him. Ramses needs to be in a home where he is the only child. Prospective families will most likely be mentored by his current caregivers on the best ways to support Ramses, especially during the transition to a new home.

If you are interested in providing Ramses with the loving, permanent home that he deserves, please contact Cynthia DeSurra at (714) 704-8945 or Diemmy Tran at (714) 704-8955.

meet ramses



Operation S.O.S. hosted Mother's Day tea



On April 26, six foster and biological moms enjoyed an afternoon of massages and facials courtesy of Operation S.O.S. Ministries. Coral Feliciano-Mora, founder and director of Operation S.O.S., treated the moms to a tea party. "The tea was amazing. The moms were so blessed and we had a great speaker. They drank tea, got facials and massages and enjoyed some great food. One mom said this was the best Mother's Day she had ever had," said Feliciano-Mora. "The ladies left refreshed both inside and out," she concluded.

New training to focus on trauma impact

By Michael Manchester, Foster Care Licensing

A new, pre-service training curriculum was implemented in May and replaced the Parent Resources for Information, Development and Education (PRIDE) training modules. The Trauma Informed Parenting (TIP) curriculum consists of nine training modules, rather than the six training modules of PRIDE, and focuses on helping perspective foster and adoptive parents to:

- Recognize the impact trauma has on children
- Help children feel safe
- Help children to understand and manage overwhelming emotions
- Help children to understand and manage their challenging behaviors
- Respect and support the positive, stable and enduring relationships in the lives of children
- Help children develop a strength-based understanding of their life story.
- Be an advocate for children.
- Promote and support trauma-focused assessment and treatment for children
- Take care of themselves

Another important part of the TIP training is the “Myths to Avoid”:

- My love should be enough to erase the effects of everything bad that happened before
- My child should be grateful and love me as much as I love him/her
- My child shouldn’t love or feel loyal to an abusive parent
- It’s better to just move on, forget and not talk about past, painful experiences

The origins of TIP were developed by The National Child Traumatic Stress Network (NCTSN) in 2010. The mission of NCTSN was to raise the standard of care and increase access to services for traumatized children and their families across the United States. We believe that Trauma Informed Parenting will assist in encouraging collaboration and communication between social workers, foster parents and birth parents. For more information about the training, please call (888) 871-5437.



Faith in Motion & Community Partners give BIG



Crean Lutheran High School's Varsity Baseball team donated sports equipment. They plan on hosting a sports clinic in the fall for children and families in care. The drive was led by team moms Trina Markus and Kelley Tomlinson and Coach Jake Haney.



Newsong Church in Irvine donated over 200 Easter baskets for the fifth year in a row.



The We Care Committee at St. Joseph Health Care Systems donated over 50 celebratory packages that included a cake or brownie mix, baking pan and frosting. Committee member, Kimberly Reynolds, and front desk receptionist, Chabana Cherdoud, display the packages



Relative support services available

Olive Crest's Kinship Support Services Program is excited to introduce new opportunities for our relative caregivers. In addition to our three existing support groups, we are pleased to announce three new locations. Olive Crest Kinship clients, with advance registration, are welcome and encouraged to attend.

Based on responses from our relative caregivers, we have been working to expand our support groups throughout Orange County to better serve you. Although the group structure varies based on the specific needs of each group, all of our support groups offer opportunities to connect, share and hear about information based on topics of interest and concern to kinship families.

Other workshops and family-focused group activities and events are planned in order to help support kinship families. All services are free of charge. There are also some great opportunities for caregivers to share their time, knowledge and experience to volunteers or to serve as mentors in outreach and assistance to other kinship families.

For more group information, please contact our kinship advocates, Edith Lozano (Spanish), at (714) 543-5437, ext. 1145 or edith-lozano@olivecrest.org or Rose Valenciano (English) at (714) 543-5437, ext. 1230 or rose-valenciano@olivecrest.org. For general program inquiries, contact Helen Lindsey, program director, at helen-lindsey@olivecrest.org.

New Locations!

Minnie Street Family Resource Center and Kennedy Elementary School in Santa Ana will host a support group for Spanish-speakers on the fourth Monday of each month. This is our first daytime group from 10 a.m. to 11:30 a.m.

Tustin YMCA will host this English-speaking support group on the last Friday of each month from 6 p.m. to 7:30 p.m.

Mission Hills Church in Mission Viejo will host an English-speaking support group on Friday evenings. Specific dates and times for this support group will be available soon.

Camp Alandale

Matt Pritchett, Director

Our goal is to make each child's stay at camp one of their most precious memories. The Camp Alandale program is designed especially for children who are in the Foster Care system. They make up 100% of our campers. There will be one counselor for every two campers so each child will have a great deal of individual attention and supervision. Our activities are designed to be non-competitive and non-threatening, but to be challenging and character building. We are a Christian camp with the goal of helping children find purpose and meaning in their lives and to build positive changes that will last.

REGISTRATION

Please contact us directly for registration forms or visit our website at www.campalandale.org.

COST & SPONSORSHIP

The only cost is the \$5 registration fee which can be waived, if needed. We just want to make sure that your child will come to camp if you are going to reserve a space.

PROGRAM DATES – 2014

1. 4-6th Grade June 16 – 20
2. 4-6th Grade June 23 – 27
3. 7-9th Grade June 30 – July 4
4. 7-9th Grade July 7 – 11
5. 7-9th Grade July 14 – 18
6. 7-9th Grade July 21 – 25
7. 10-12th Grade July 28 – August 2
8. 10-12th Grade August 4 – 9
9. 10-12th Grade August 11 – 16

***GRADE – Register your child using their fall 2014 grade**

REQUIREMENTS

COUNTY of ORIGIN: We accept children who have been placed from Orange County for immediate registration. We will accept registrations for children placed through Riverside County for a limited amount of registrations and on our waiting list. Please call before registering to discuss if from any county other than Orange and Riverside.

BEHAVIOR ISSUES: Children who attend camp need to be able to function in a group setting. There are no individual activities. The camp schedule is jam-packed. We do not allow for down time or free time. If a child has difficulty functioning in a group setting, needing alone time or time-outs, then this camp program is not for them. If you have a concern about this, please call to discuss on an individual basis.

GRADE: Please register campers for programs based on the grade they will be going into in the fall. We use grade rather than age so the child will be in the group that they are used to functioning with. However, a child must be at least 9 years old.

Share your experiences

Do you remember when you were a brand-new foster parent? Did you wish there was someone you could call for advice or direction? If yes, then become a Caregiver Mentor. The Caregiver Mentor program is looking for experienced foster parents who are willing to support and mentor other foster parents. A minimum of eight hours a month is all that's required. If you are interested in learning more about this exciting, new program, please contact Arlene Erickson, Caregiver Mentor Coordinator, at (714) 935-8214 or at Arlene.Erickson@ssa.ocgov.com or Joanna Hussey, Foster Parent Liaison, at (714) 704-8255 or at Joanna.Hussey@ssa.ocgov.com



Orangewood Children's Foundation Independent Living Program News

Excitedly, the Independent Living Program (ILP) has been awarded another three year contract with Orange County Social Services Agency. With this contract, we continue to provide current and former foster youth with independent living services to assist in their transition into adulthood. With the start of this new contract in July 2014, our focus has slightly shifted. The ILP program is looking to be more involved with foster parents, caregivers, group home staff, etc., by implementing workshops specifically for them. This collaboration will assist in guiding the youth toward a successful transition. ILP will continue to provide monthly workshops, special events and support services to youth between the ages of 16 and 21. Each month, ILP focuses on one of the four key areas: education, career, relationships, and daily living.

ILP Workshops

The Orangewood Children's Foundation offers workshops on independent living skills each month. Most of our workshops occur at the Orangewood Children's Foundation. Other locations will be listed on our ILP schedule located on our website. Examples of workshops include: job search, financial Aid, transitional housing, college tours, and much more! We also have monthly ILP workshops for emancipated-NMD youth.

ILP Case Management:

In addition to leading ILP workshops, Independent Living Program specialists provide:

- One on one support with goals, resource referrals, basic living skills and emancipation planning with emphasis on housing, education and employment.
- Outreach to caregivers in order to educate and collaborate with youth's needs.

How can I participate in this program?

- Self-refer or referral TILP from SSA/social worker/probation officer.
- Meet with an ILP specialist to discuss OCF programs and services to determine youth's current needs.

For more information, contact Tisha Roberts at (714) 619-0222 or go to www.orangewoodfoundation.org.



Helping Teens with Traumatic Grief: Tips for Caregivers

Each teen grieves in unique ways. After a sudden or violent death some teens may develop traumatic grief responses and have difficulty coping. Here are ways to recognize and help your teen with traumatic grief. Being nonjudgmental, open to compromise and considering your teen’s point of view are important.

| I WANT YOU TO KNOW THAT: | YOU CAN HELP ME WHEN YOU: |
|---|---|
| 1. I may feel sad, scared, empty, or numb but be embarrassed to show my true feelings. Yet, I may say too much on social media. | 1. Say that it is painful when someone you care about dies. Talk about your own feelings and invite me to talk about mine once I’m ready. Discuss sharing things on social media. Offer to find me a counselor if it seems easier for me to talk to someone outside the family. |
| 2. I might have behavior problems that are new or worse than before the trauma (angry outbursts, irritability, rule breaking, revenge seeking). I may be doing serious, unsafe, or harmful behaviors (self-injury, risky sexual behavior, drug or alcohol use). | 2. Have patience and try to remain calm while setting appropriate limits on behaviors. Encourage me to get back to routines and activities with friends. For serious, risky, or harmful behaviors, get professional help. |
| 3. I have trouble concentrating and paying attention or have a change in sleep patterns, such as staying up later or sleeping in all day. | 3. Realize that I may be having scary thoughts about the trauma and not tell you. Talk with me about ways to cope with these, like getting back to enjoyable activities or listening to calming music. Taking a technology break at night will help me to sleep better. |
| 4. Have physical reactions like jumpiness, stomach aches, headaches, a pounding heart, or body aches. These may be worse after being around people, places, sounds, situations or other things that remind him of the trauma or the person who died | 4. Recognize that I may minimize these physical reactions—or do the opposite—exaggerate a minor ailment or injury. Encourage me to use physical activities to release tension or try relaxing things, like deep breathing or gentle stretching. |
| 5. I may think that life is meaningless, feel guilty for being okay, or withdraw from family and friends—yet retreat to social media or gaming. | 5. Discuss solutions for feeling sad and mention that, while social media can be helpful, I may feel better seeing friends in person. Check with other adults I may confide in to discuss ways to support me. If I seem very sad or guilty, seek professional help. |
| 6. Sometimes I wonder if something bad will happen to me or that other important people in my life. I may express this by appearing anxious or worried or seeming not to care about the future (not studying, skipping school), or risk-taking behavior. | 6. Help me develop a realistic picture of the dangers in life. Talk about ways for me to take control of my safety and future (e.g. driving carefully, eating well and exercising, asking others for help). |
| 7. I may talk about feeling responsible for the death. | 7. Give honest, accurate, and age-appropriate information. Teens get information from all kinds of media, so let me know you will always tell me the truth. If I feel responsible, reassure me to not worry; that I did the best I could at the time. |
| 8. Sometimes I might not want to talk about the person who died. I may try to change or reject the topic (“leave me alone”), or shrug it off. I may hide my discomfort and act as if nothing bothers me or as if I’m is doing fine. | 8. Realize that I may think that talking about the trauma or the person who died will upset you Even if you feel rejected, do stay involved with me and know where I am and what I’m is doing. I need your presence more than ever. |
| 9. I might refuse to go places or do things that remind me of the person who died, or of how my life has changed since the person died. | 9. Understand that I may be overwhelmed by upsetting feelings, but want to look strong or act as if nothing is wrong. This may be a sign of traumatic grief, and a professional can help. |
| 10. I may not want to talk about or remember good things about the person who died because it brings up reminders of the traumatic death. | 10. Keep pictures of the person who died around for me to see. Tell me stories about the person and make me a memory book so I can keep the person in my mind and my heart. |

If any of these problems get in the way of your teen’s functioning at school or home, or continue more than a few months, get help from a mental health professional who has experience treating children and teens with trauma or traumatic grief. - The National Child Traumatic Stress Network

Foster Care Auxiliary

The Foster Care Auxiliary always strives to offer the most services, trainings, events, and products to our foster families.

Available to our members:

- Computers for Foster Students Program
- Support Group
- Lending Library of Foster and Child Care Related Material
- Baby Gear Lending Program
- Foster Parent Training Opportunities
- Fun Family Events
- Scholarships
- Birthday Corner
- Monthly Distribution Days of New Items Obtained from Community Resources
- Thrift Store with Deeply Discounted, Used Donations
- A network of Foster Families Available for Support and Help

Visit our web site or contact us if you are interested in joining!
333 S. Brookhurst St. Anaheim, CA 92804
FosterCareAux@yahoo.com
(714) 778-3383
www.FosterCareAux.com

Upcoming Events

July 1: Scholarship applications due

September: Foster Family Picnic & Scholarship Award

October 19: Dog Costume and Beauty Show

November: Golf Tournament

December: Silent Auction Fundraiser

Foster & Kinship Care Education



The Foster and Kinship Care Education program at Saddleback College provides quality education and support opportunities to caregivers of children in out-of-home care. The free classes are designed to assist the caregivers in meeting the children's educational, emotional, behavioral, and developmental needs.

In order for foster parents to meet their annual eight hours of training, monthly classes are offered throughout Orange County. To view classes, visit www.saddleback.edu/fkce or call (949) 582-4884 to request a class catalog and to register for classes.

Join the board

The Foster Care Advisory Board meeting is held every other month on a Wednesday from 9:30 a.m. to 11 a.m. at 800 N. Eckhoff Street in Orange. Attendees include licensed foster parents and Children and Family Services Management Team members and discuss training opportunities, events, budget, and other information regarding the care of foster children. For more information, please contact Joanna Hussey at (714) 704-8255 or e-mail Joanna.Hussey@ssa.ocgov.com.

Upcoming meeting dates:
July 23, 2014
September 24, 2014





Free Spanish Support Groups for Relatives

La Habra Family Resource Center

- Meet other relatives who are raising children for a family member
- Receive and give emotional support
- Receive community resource information

La Habra Family Resource Center
 301 W. Las Lomas Dr.
 La Habra 90631
 6 p.m. to 7:30 p.m.
 Every 1st Wednesday of the month.
 Child care is provided.

To register, call (714) 447-3460 and press 0.

Grupos de apoyo para parientes criando al hijo de un familiar.

Acompáñenos y conozca a otras personas que están criando al hijo de un familiar.

- Reciba y brinda apoyo emocional
- Reciba información sobre recursos en la comunidad

Habrà cuidado de niños.

Llame para apuntarse al (714) 447-3460 y oprima 0.

Cada primer miércoles del mes.

Women's Therapy Support Group



LHD, INC. Psychology Services is pleased to partner with The Foster Care Auxiliary. Discounts available for caretakers in Foster Care Auxiliary families.

Description: This is a process group designed to help each member learn how to re-claim their lives by learning the skills to eliminate the effects and symptoms of life/trauma and by replacing with multiple modalities for self care within the supportive environment.

Cost: \$40/week or \$160/month
 2140 W. Chapman Ave., Suite 253
 Orange, CA 92868
 Office: (714) 264-9446; Fax: (714) 538-7680
www.lhdinc.net
lhdinc1@gmail.com

Families and Communities Together, also known as FaCT, is a network of 12 Family Resource Centers (FRC) located throughout Orange County's highest-risk communities providing essential family support services, education and resources.

Family Resource Centers:

Each FRC is a family-friendly, community-based site that provides access to comprehensive prevention and treatment oriented social, educational and health services for all families, including birth, blended, kinship, adoptive and foster families. FRCs serve as vehicles for engaging local residents and community organizations in the identification and resolution of community concerns related to raising healthy children. Every FRC is unique to its community; services are offered by multicultural and multilingual staff that reflect the surrounding neighborhoods and the families they serve.

Services Provided:

(Core FRC Services -Services are offered at all FaCT funded FRCs)

- Counseling
- Parenting Education
- Family Advocacy/Case Management Support Services
- Domestic Violence Prevention & Treatment
- Community Resources and Referrals
- Comprehensive Case Management Team

Additional FRC Services:

(Services vary across FaCT funded FRCs)

- Family Health & Wellness
- Family Economics & Self-Sufficiency
- Child Development Activities
- Emergency Assistance
- Family Literacy and Education
- Adoption Promotion and Support

Locations:

Anaheim Harbor Family Resource Center
819 S. Harbor Blvd.
Anaheim, CA 92805
Phone: (714) 399-0590
Fax: (714) 399-0595

Corbin Family Resource Center
2215 W. McFadden Ave.
Suite G
Santa Ana, CA 92704
Phone: (714) 480-3737 ext. 0
Fax: (714) 543-4947

Friendly Center Family Resource Center
147 W. Rose Ave.
Orange, CA 92967
Phone: (714) 771-5300
Fax: (714) 771-7627

Anaheim/Fullerton Family Resource Center
320 W. Elm Ave.
Fullerton, CA 92832
Phone: (714) 525-3776
Fax: (714) 525-3777

El Modena Family Resource Center
18672 East Center St.
Orange, CA 92869
Phone: (714) 532-3595
Fax: (714) 532-3593

La Habra Family Resource Center
301 W. Las Lomas Dr.
La Habra, CA 90631
Phone: (714) 447-3460
Fax: (714) 447-3753

Magnolia Park Family Resource Center
11402 Magnolia St.
Garden Grove, CA 92841
Phone: (714) 530-7413
Fax: (714) 530-7908

Oak View Family Resource Center
17261 Oak Lane
Huntington Beach, CA 92647
Phone: (714) 842-4002 ext. 0
Fax: (714) 842-4184

Stanton Family Resource Center
11822 Santa Paula St.
Stanton, CA 90680
Phone: (714) 379-0129
Fax: (714) 379-0139

Minnie Street Family Resource Center
1300 E. McFadden Ave.
Santa Ana, CA 92705
Phone: (714) 972-5775
Fax: (714) 972-5781

South Orange County Family Resource Center
23832 Rockfield Blvd.
Suite 270
Lake Forest, CA 92630
Phone: (949) 364-0500
Fax: (949) 364-0575

Westminster Family Resource Center
7200 Plaza St.
Westminster, CA 92683
Phone: (714) 903-1331
Fax: (714) 903-1881

Directory

FOSTER CARE INFORMATION LINE
(888) 871-KIDS (5437)

CHILDREN & FAMILY SERVICES RECEPTION
(714) 704-8000
(714) 935-7584 (emergencies & after hours)

ADMINISTRATION

Mike Ryan
Social Services Director

Gary Taylor
Children & Family Services Director

Anne Bloxom
CFS Deputy Director

Susan Holl
CFS Deputy Director

Joanne Munro
CFS Deputy Director

Christine Smith Snapper
CFS Deputy Director

RESOURCE FAMILY RECRUITMENT, LICENSING & DEVELOPMENT PROGRAM

Paula Kitchen, Program Manager

RECRUITMENT & DEVELOPMENT

Jim Deming, Supervisor
(714) 704-8230

Roylyn Burton, Community Program Specialist
(714) 746-2778

Sharon Landis, Recruiter/Trainer
(714) 704-8257

*Yazmin Leal, Staff Specialist
(714) 704-8828

*Lorena Rodriguez, Information Line
(888) 871-5437

Robert Waddington, Recruiter/Trainer
(714) 704-8256

*Angelica Zikoor, Recruiter/Trainer
(714) 704-8242

FOSTER & KINSHIP CARE LIAISON

*Joanna Hussey (714) 704-TALK (8255)

LICENSING

Brent Payne, Supervisor
(714) 704-8887

Donna Avise, Analyst (714) 704-8821

*Nena Casis, Analyst (714) 704-6102

Colette Kim-Abiog, Analyst (714) 704-6105

Michael Manchester, Analyst (714) 704-8819

*George Reyes, Office Technician (714) 704-8896

*Paul Sanchez, Analyst (714) 704-8838

**Lianne Vu, Analyst (714) 704-8811

FOSTER CARE ELIGIBILITY

Becky Lawrence (714) 704-8866

Lidia Sanchez (714) 704-6173

Lorraine Perez (714) 704-8441

BIRTHDAY GIFTS FOR FOSTER CHILDREN

Mona Gustafson (714) 679-2438
Call for an appointment

EMERGENCY SHELTER HOME (ESH)

Arlene Erickson (714) 935-8214

TRANSITIONAL PLANNING SERVICES PROGRAM

Jaime Muñoz, Program Manager

*Irene Briggs, Supervisor (714) 940-3965

Ilan Wolf, Supervisor (714) 704-8314

MULTIDIMENSIONAL TREATMENT

FOSTER CARE (MTFC)

Dr. Mary Eason, Program Supervisor
(714) 704-8238

Terry Maher, Program Supervisor
(714) 704-4122

Michelle Medina, Recruiter/Trainer
(714) 704-8837

Denise Odom, Recruiter/Trainer
(714) 704-8835

SPECIAL MEDICAL PROGRAM

Karen Werno, Placement Coordinator
(714) 704-8533

Mary Ewart, Medical Intake Coordinator
(714) 704-8531

Cindy Hutchison, Medical Intake Coordinator
(714) 704-8531

TIME OUT FOR PARENTS (TOPS)

New Alternatives, Inc. (714) 245-0045

WORKING CAREGIVER CHILDCARE

*Karen Pinkerton (714) 704-6145

FOSTER & KINSHIP CARE EDUCATION

Saddleback College (949) 582-4884

FOSTER CARE ADVISORY BOARD

Sallie Miller (714) 848-2558
Karen Templeton (714) 556-5250

CAREGIVER SUPPORT GROUPS

Fountain Valley
Sallie Miller (714) 848-2558

Huntington Beach/Parents of Teens
Jessie Damerval (714) 848-0347

Single Parents (Male/Female)
Cynthia Bradbury (714) 843-6835

Foster Care Auxiliary/Anaheim
Kathy Harvey (714) 778-3383

Orange/Spanish Support

*Joanna Hussey (714) 704-8255

ORGANIZATIONS

California Children's Services (CCS)
(714) 347-0300

CalOPTIMA

Cydney Eisenberg-Weber, Liaison
(714) 796-6132

Member Services (714) 246-8500
Claims Department (714) 246-8885

Child Health & Disability Program (CHDP)
(800) 564-8448

Denti-Cal (800) 322-6384

Foster Care Auxiliary of Orange County
(714) 778-3383/www.fostercareaux.com

Kinship Center
(714) 957-1004

Olive Crest Kinship Support Program
Helen Lindsey
(714) 543-5437 ext. 1211

Orange County Mental Health
(714) 834-5015

Vision Services Plan (800) 877-7195

*Spanish Speaking

**Vietnamese Speaking